



Headteacher's Newsletter

March 2021 ISSUE 2

*Whitehall Infant School is a five star school with a FRESH approach.
We provide five star learning for all, with Family at the heart of everything we do. We teach our children to have
Respect at all times. We want our children to achieve Excellence, whilst being Safe and Happy.*



Dear Parents and Carers,

It has been lovely to see the children return to school. The children have shown great resilience over the past few months and are quickly settling back into the school routine.

I would like to thank all of our families for preparing their child for the return to school.

Some of you may have noticed that I have not been at school recently. I received a shielding letter from the NHS (as did some other members of staff) so will be mainly working from home for the time being. If you need to contact me, please email the main school office who will pass the message on to me. I am still in close contact with the school.

Manjit Bringan



Communications sent out recently

02/03/21	Media consent reminder
15/03/21	Parent consultations

Reminder

Wednesday 31st March: Term Ends

Monday 19th April: Back to school (Summer Term)

Foodbank Easter Appeal

Hillingdon foodbank support Hillingdon residents and are seeing many more families seeking their help since the pandemic began. They are currently experiencing a shortage of many items.

Therefore, we are running an appeal for donations to support our local community.

Please bring your donations to school on **Tuesday 23rd March or Wednesday 24th March**. Donations must be placed in the labelled boxes which will be located on your route in to school before you drop your child off.

A poster will be displayed outside of school with details of the items they are most in need of.



Red Nose Day

We will be celebrating Red Nose Day on **Friday 19th March** in aid of Comic Relief. We are asking for parents to make a donation (see below).

The money raised for Comic Relief helps vulnerable people across the World live happier, healthier and safer lives.

The theme of this year's Red Nose Day is Superheroes! We are looking forward to celebrating our 'inner hero' and our superpowers of being brave, kind, caring and helpful.

On this day, children can come to school in non school uniform or, if you so wish, dressed as a superhero. Please ensure your child is dressed appropriately for the weather and wearing school shoes or trainers only please.

At the moment **we cannot accept cash in school** so we are asking parents to make donations via our justgiving page - <https://www.justgiving.com/fundraising/whitehall-infant-school-rednoseday21>

Home School Agreement

At Whitehall Infant School, we want to ensure that every child has the best life chances. Our Home School Agreement was sent home with your child last week.

Please ensure you read this agreement, sign the parent / carer section and have your child write their name in the Child section. **These must be returned to us by placing them in one of the red bins labelled 'Home School Agreement' by Wednesday 17th March.** Please do not put this agreement in your child's book bag.

Spring Term Parent Meetings

This term's parent meetings will take place over the phone. Your child's class teacher will be able to talk to you about how your child has settled back into school and what their targets will be for the summer term.

You have been emailed a link to a Google form to book your parents' evening appointment. Please complete the form by **3pm on Wednesday 17th March**. If you do not complete the form, we will allocate you an appointment and email this to you.



Attendance Reminders



Thank you to everyone for ensuring their child is at school on time every day. Our attendance for the first week back to school was over 96% which is fantastic! If your child is absent from school, please remember to call 01895 590112, select option 1 and leave a voicemail before 8:30am.

Farewell

At the end of this term we will be saying farewell to our Welfare and Attendance officer, Mrs Castle-Mason. I am sure you will all join me in wishing her all the best for the future.



Parking in Cotswold Close

Please remember that Cotswold Close is a private road and you are **not permitted to park there**. It saddens me to say that the Local Authority received a complaint from a Cotswold Close resident about families of Whitehall schools parking their car, blocking driveways, parking in front of garages and speeding down Cotswold Close during drop off and pick up times.

As the weather is getting warmer, we would like to encourage our families to walk to school if they are able to. If you must drive, you can obtain a permit from the Local Authority (for a small charge) that allows you to park your car in roads surrounding the school during drop off and pick up time.

Please support us with ensuring our wider community are not adversely affected by the actions of our Whitehall families.

Covid Reminders

- Maintain social distancing at all times.
- Wear a face covering when on the school site or queuing outside the school.
- Do not send your child to school if someone in your household is displaying symptoms of Covid-19 or has tested positive.

As schools return to full attendance, we understand parents' frustration when their child is asked to isolate at home because of being in close contact of someone who has tested positive.

However self-isolation is one of the most important things we can do to help stop the spread of the virus and help protect our friends, family and our community. Around one in three people with coronavirus (COVID-19) have no symptoms, and so isolating these hidden cases quickly will help to stop outbreaks before they get a chance to develop.

Parental Controls

Keeping children safe in an increasingly digital world is a difficult task for any parent. Without the proper controls, kids can be exposed to a number of threats while taking part in activities online. However your child spends time online, it's important to set up appropriate parental restrictions to protect them.

[Wizcase](#) have instructions on how to hide inappropriate content on popular streaming services. Links to these instructions can be found on our website:

<https://www.whitehall-inf.hillingdon.sch.uk/curriculum/e-safety>

We will be sharing information about our Whitehall Infant School Family in our newsletters.

Staff Profile - Miss Cheshire, Deputy Headteacher



How long have you worked at Whitehall Infant School?

I have worked at Whitehall Infant School since September 2017 (3 and a half years now).

What do you enjoy doing in your spare time?

I enjoy puzzles, reading, watching sports such as rugby and spending time with my family and friends.

What is your favourite meal?

I love a burger and salad.

What was your favourite subject when you were at school?

My favourite subjects were music, drama and biology. Although I did not enjoy maths as much in school, I absolutely love teaching it.

What is your favourite school value and why?

My favourite school value is happiness as I love coming to school, having fun and seeing all the staff and children enjoying themselves too. This makes such a difference.

First week back at school

Our first week back in school has been about settling children back into their classes, refreshing relationships and doing this through learning about a love of books and reading.

All children have been sharing their favourite stories / books. Staff have already enjoyed reading with all the children in their class and have commented on how lovely it has been to hear your children enjoy reading their books and being back in school.

Nursery

The children have been amazing! We have had high attendance and the children have remembered routines well. We were so pleased to see all children excited to be back and skipped into nursery with no tears.

Reception

Children were very excited to be back in their class with their friends. They all seemed to slip back into the routines of the school day quite seamlessly. We told them they were all superheroes for staying at home and keeping everyone safe. We talked about their feelings, their lockdown memories and sent special messages to their mummies or other special ladies for Mother's Day! Miss Cheshire popped into Cedar class on Friday and heard a wonderful retelling of 'The Wonky Donkey' told by Peter Mann.

Year 1

Children in Year 1 got a surprise when their books went missing! The children had to design their own book corners as well as rules on how to look after books. When their books returned they had a lovely place to live and the books knew they would be taken care of!

Year 2

The Year 2 children settled in really well last week and it was lovely to see their smiling faces! They were definitely excited to see their friends again and had lots of exciting stories to share. Everyone enjoyed all the book week activities especially making the puppet theatres to retell traditional tales and making origami bookmarks.



This weeks learning is all about pupil wellbeing. Children are learning how to share their feelings. All children are reading the book 'The Colour Monster' by Anna Llenas to support them in understanding their feelings.

Lunch Menu

Week of 22nd March (Week 2 of menu)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti Bolognese (Beef)	Chicken Tikka with Rice	Roast Beef with Roast Potatoes & Gravy	Chicken Sausages with Mash potato & Gravy	Breaded Fish with Chips
Chinese Style Stir Fry Egg Noodles	Macaroni Cheese	Quorn Roast with Roast Potatoes & Gravy	Vegetarian Sausages with Mash potato & Gravy	Tortilla Stack with Chips
Jacket Potato with Tuna Mayo	Halal Chicken Tikka with Rice	Halal Roast Beef with Roast Potatoes & Gravy	Halal Chicken Sausages with Mash potato & Gravy	

Healthy Packed lunches

Thank you to everyone who provides their child with a healthy, balanced packed lunch,

Please remember not to put nuts, chocolate, sweets or fizzy sugary drinks in your child's packed lunch.

The website <https://www.nhs.uk/change4life/recipes/healthier-lunchboxes#lunchbox-tips>

has some great hints and tips on how to keep your child's lunchbox healthy and interesting.



Our caterer's provide a variety of delicious, nutritious hot meals every day. If your child has a packed lunch every day, why not encourage them to try one hot meal a week?

kidsfirst CHILDREN'S SERVICES							
How much sleep does your child need?							
wake-up time:							
Age	6:00am	6:15am	6:30am	6:45am	7:00am	7:15am	7:30am
Bed-time							
3 *	6:30pm	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm
4 *	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm
5	6:45pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm
6	7:00pm	7:00pm	7:15pm	7:30pm	7:45pm	8:00pm	8:30pm
7	7:15pm	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm
8	7:30pm	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm
9	7:45pm	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm
10	8:00pm	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm
11	8:15pm	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm
12	8:30pm	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm
13	8:45pm	9:00pm	9:15pm	9:30pm	9:45pm	10:00pm	8:45pm

* Plus a daytime nap of between 1 and 3 hours' duration

A ONE HOUR FREE ONLINE ASTHMA WORKSHOP

Friday 26th March
2pm - 3pm

THESE MONTHLY SESSIONS WILL COVER

- What to do if your child is having an Asthma attack
- Inhaler techniques
- Myth Busting
- Asthma plans
- Common triggers

ALL OUR ASTHMA WORKSHOPS ARE RUN BY A FULLY TRAINED ASTHMA NURSE

www.myhealthhillington.nhs.uk
Hillccg.Myhealth@nhs.net

ONE HOUR FREE VIRTUAL ASTHMA WORKSHOP

Friday 26th March
2pm - 3pm

SESSION PRESENTED BY A HILLINGDON ASTHMA NURSE, COVERING:

- What to do if your child is having an Asthma attack
- Inhaler techniques
- Myth Busting
- Asthma plans
- Common triggers

LIMITED SPACES AVAILABLE

CONTACT THE TEAM TO BOOK YOUR PLACE

www.myhealthhillington.nhs.uk
Hillccg.Myhealth@nhs.net



Missing Day or Night

Missing from home or education. Not knowing where they are or who they are with.



Newplaces

Discovering they have been going to new places where they have no obvious connections.



Onlineuse

Spending more time online. Secretive activity, refusal to come offline. Have they distanced themselves from family, friends and usual activities?



Change in appearance

Clothing, personal hygiene, talking differently, tired.



Change in behaviour

Have they become unusually secretive, fearful or withdrawn, aggressive, distanced themselves from family and friends, involved in anti-social behaviour.



Change in friends

Sudden changes in who they are 'hanging out' with including meeting new people from social media.



Coping mechanisms

Alcohol/drug use/self-harm - what they may be doing or using in order to cope.



Possessions

Unexplained items e.g. New clothing, money, phone, drugs.



Injuries

Unexplained bruises, cuts, burns, marks. Reluctance to seek medical attention.

HELP US STOP EXPLOITATION

SAY SOMETHING, IF YOU SEE SOMETHING SUSPICIOUS.

CONTACT:

Crimestoppers  Police  101

WWW.STOP-CSE.ORG

Our school Designated Safeguarding Lead is Mrs Bringan.

Our school Deputy Designated Safeguarding Lead is Miss Cheshire.

Contact the school on 01895 590112 with any safeguarding concerns.



STOPCSE

ENGLAND LOCKDOWN

STAY AT HOME

**THE NEW STRAIN OF CORONAVIRUS IS SPREADING FAST.
WE ALL NEED TO PLAY OUR PART TO STOP THE SPREAD.**

▶ LEAVING HOME

You must not leave, or be outside of your home or garden, except for a very limited set of exemptions e.g. to shop for basic necessities, exercise, go to work if you cannot do so from home, or to escape risk of harm.

▶ MEETING OTHERS

You cannot leave your home to meet socially with anyone, except with your household or support bubble (if eligible to form one). Stay 2 metres apart from anyone not in your household or support bubble.

▶ EXERCISE

You may exercise on your own, with your household or support bubble, or with one person from another household (when on your own). Stay 2 metres apart from anyone not in your household or support bubble.

▶ BARS, PUBS AND RESTAURANTS

Hospitality closed aside from sales by takeaway (until 11pm), click-and-collect, drive-through or delivery. Alcohol cannot be purchased through takeaway or click-and-collect from hospitality venues.

▶ RETAIL

Essential shops can open. Non-essential retail must close and can only run click-and-collect and delivery.

▶ WORK AND BUSINESS

Everyone must work from home unless they are unable to do so.

▶ EDUCATION

Early years settings open. Primary and secondary schools and colleges move to remote provision except for vulnerable children and children of critical workers. Most university students to move to remote learning.

▶ LEISURE AND SPORTING FACILITIES

Closed, with limited exceptions.

▶ ACCOMMODATION

Closed, with limited exceptions.

▶ PERSONAL CARE

Closed.

▶ ENTERTAINMENT

Closed.

▶ OVERNIGHT STAYS

You must not stay overnight away from home. Limited exceptions apply e.g. to stay with your support bubble.

▶ WEDDINGS AND FUNERALS

Funerals of up to 30 people permitted. Weddings up to 6 people permitted in exceptional circumstances. Wakes and other linked ceremonial events of up to 6 permitted.

▶ PLACES OF WORSHIP

Places of worship can remain open and communal worship is permitted, but you must not mix with those outside your household or support bubble.

▶ TRAVELLING

You must stay at home. If you do leave home for a very limited set of exemptions, you should stay local in the village, town, or part of the city where you live where possible. Do not travel abroad unless an exemption applies.

▶ CLINICALLY EXTREMELY VULNERABLE

Shielding reintroduced across England. You should not travel to work, school, college or university and should limit the time you spend outside the home. You should only go out for medical appointments, exercise or if it is essential.

▶ CARE HOME VISITS

Visits can take place with arrangements such as substantial screens, visiting pods, or behind windows. Close-contact indoor visits are not allowed. No visits will be permitted in the event of an outbreak but end of life visits are permitted in all circumstances.

STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES

For more information go to:
gov.uk/coronavirus