



Headteacher's Newsletter

April 2020 ISSUE 1

Dear Parents and Carers,

This would be the first newsletter at what would have been the start of the Summer term. This is a strange time for all of us and we hope that everyone is keeping safe and well.

We are proud of our Whitehall community and how we are continuing to follow our school values.

Congratulations to Ms McWhinney-Tripp who gave birth to a healthy baby boy over the Easter Holidays.

We recently said goodbye to one of our Assistant Headteachers, Mr Stainer who is taking up a teaching position nearer to home. I am sure you will join me in wishing him well for the future.

Welcome to Mrs Grewal who will be the maternity cover SENco and will be supporting children with Special Educational Needs by helping their families during the closure.



Contacting the school

Please email office@mail.whitehallinf.org if you wish to contact us:

- With any queries
- To share your child's learning, photos, etc
- To communicate with your child's class teacher
- If you would like someone to call you for a chat

We are running on a reduced staffing model and the admin members of staff may not be able to answer calls.

Updated guidance for Parents and Carers on the closure of educational settings

The Government update their guidance for education settings regularly. The most up to date guidance about school closure can be found here: <https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers>

We understand that some of the information provided can be overwhelming for parents and carers. We have also created our own 'guidance explained' handout to support parents and carers based on the information provided by the Government and the Department for Education: <https://www.whitehall-inf.hillingdon.sch.uk/childrens-page-1>

Governors

I would like to thank our Governing Body for supporting the school during this time.

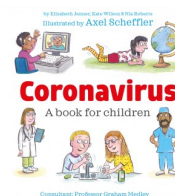
Mental Wellbeing

This can be a worrying time for everyone. The website <https://www.elsa-support.co.uk/category/free-resources/coronavirus-support/> provides some great free resources to help children with their emotional wellbeing. If you find you need further support at this time, please see details of the Hillingdon Educational Psychology service further on in this newsletter.



The Nosy Crow have released a free information book explaining the coronavirus to children, illustrated by Gruffalo illustrator Axel Scheffler. To download the book, please visit:

<https://nosycrow.com/blog/released-today-free-information-book-explaining-coronavirus-children-illustrated-gruffalo-illustrator-axel-scheffler/>



Home Learning

I would like to thank the staff who assisted with delivering the home learning packs that were provided before Easter - your dedication is greatly appreciated.

This term, we have added pages to our website for each year group to make it easier to access your child's Home Learning information. These can be found within the Children's page. We are in the process of updating our website with further links and ideas for home learning. Please keep checking the website for updates - <https://www.whitehall-inf.hillingdon.sch.uk/>

Home learning projects for each year group for the first half of the Summer Term will be uploaded on to the year group pages on the website by the beginning of next week

Please remember to access Mathseeds and Reading Eggs daily. Teachers will be providing daily assignments that children will need to complete and teachers can then check and assign additional tasks. Your child needs the same login for both websites. If you have lost your login details, please email the school.

<https://mathseeds.co.uk/>



<https://readingeggs.co.uk/>



Mathseeds Statistics



988 lessons completed across the school!

1.3 thousand maths areas 'mastered' across the school!

Reading Eggs Statistics



2.7 thousand books read so far!

2.4 thousand lessons completed across the school!

Keep up the good work!

BBC Bitesize are offering free daily lessons for children in Years 1 and 2 during the school closure period. Visit <https://www.bbc.co.uk/bitesize> for more information.

Year 1 / P2 lessons Monday 20 April - Friday 24 April				
Monday	Tuesday	Wednesday	Thursday	Friday
English My favourite story	English When to use question marks	English Using descriptive words	English Creating lists in sentences	English Reading lesson: Dairy and the Trouble with Life by Kes Gray
Maths Count on and back in 1s	Maths Count on and back in 2s	Maths Count on and back in 5s	Maths Representing numbers	Maths Challenge of the week
History Who was Rosa Parks?	Geography Introduction to the UK	Science Introduction to seasons, day and night	Music Start singing	Wellbeing How to be a good friend

Year 2 / P3 lessons Monday 20 April - Friday 24 April				
Monday	Tuesday	Wednesday	Thursday	Friday
English My favourite story	English Writing and asking questions	English Using descriptive words	English Creating lists in sentences and writing command sentences	English Reading lesson: Dairy and the Trouble with Life by Kes Gray
Maths Find 1 more and less	Maths Count on and back ones, twos, threes and fives	Maths Tens and ones	Maths Represent numbers 1 to 100	Maths Challenge of the week
History How can I be a Historian?	Geography Introduction to the UK	Science Introduction to seasons, day and night	Music Start singing	Wellbeing Managing emotions

We would love to hear your Home Learning ideas to share with others!

Please email your ideas to office@mail.whitehallinf.org

It has been lovely to see the excellent home learning being completed by our children. Some of the home learning photos are available to view on our website - <https://www.whitehall-inf.hillingdon.sch.uk/childrens-page-1/home-learning-gallery>.

Please continue to send your photos to office@mail.whitehallinf.org for us to see!

Safeguarding our children is of upmost importance. We teach children tips to stay safe online. Please find below some tips to help you make sure your children stay safe online.



NSPCC

Tips for keeping children safe online

- ✓ Set boundaries for how long your child can spend online and what they can do.
- ✓ Agree this as a family so that access to devices can be shared fairly.
- ✓ Remember there are tools that can help you manage and monitor access and use across all devices.

Talk about online safety and get involved

- ✓ Have conversations about online safety little and often and build it into other conversations.
- ✓ Ask questions about what they do online, such as what sites they visit and who they talk to.
- ✓ Make the use of the internet a family activity.
- ✓ Remember to share these rules with babysitters, childminders and other family members.
- ✓ Talk to other parents about internet use, such as what they do and don't allow.

Know who they are talking to






- ✓ Tell your child that strangers can pop up anywhere online: email, instant messenger, social networking sites or online games.
- ✓ Your child may feel they know someone well, even if they've only played a game with them online. So remember to talk to them about what they share with people they've only met online.
- ✓ Discuss boundaries and say you'd like to be friends on social networks, initially.
- ✓ Understand the games they play.
- ✓ Ensure your child knows what to do if someone they don't know contacts them, eg ask you for advice.
- ✓ Show your child how to report abuse and how to block people on the websites they use.

Check content is age-appropriate

- ✓ Check age ratings of games, online movies and websites.

Use parental and privacy controls

- ✓ Check the privacy settings on social media and websites.
- ✓ Adjust parental controls to suit your child's age and maturity.
- ✓ Make sure you always logout of your online accounts.

S	M	A	R	T
Stay Safe	Don't Meet Up	Accepting Files	Reliable?	Tell Someone
Don't give out your personal information to people / places you don't know.	Meeting someone you have only been in touch with online can be dangerous. Always check with an adult you trust.	Accepting emails, files, pictures or texts from people you don't know can cause problems.	Check information before you believe it. Is the person or website telling the truth?	Tell an adult if someone or something makes you feel worried or uncomfortable.
				

Follow these SMART tips to keep yourself safe online!

© Teaching Resources
www.teachingresources.co.uk

Educational Psychology Service - Telephone helpline for parents and carers

Do you, as a parent or carer at home with your children during the current school shut down, feel that you need someone to talk to about how you can cope during this challenging time for families?

Hillingdon Educational Psychology Service is providing a helpline for any parent or carer of children, who feel they would benefit from a consultation with a psychologist to support them with any concerns arising at this time, for them or their families.

Area of concern you may wish to discuss may include:

- Anxiety around the current situation and its impact on your children and family;
- Supporting you to support your children's emotional needs;
- Concerns about friendships, learning, daily structure and activities;
- The impact of change, loss or bereavement;
- How to best look after yourself so you can look after your children.

The concerns can be related to school or family life.

If you would like to access this service, please email educationalpsychologyservice@hillingdon.gov.uk with the following information:

- Your name;
- The telephone number you would like to be contacted on;
- The name of your child's school;
- Times and dates you are **not** available for a consultation;
- A brief description of what you would like to focus on in the consultation.

We will aim to get back to you within two working days to confirm a date and time for your consultation. The consultation service will, **as far as possible**, be confidential.

ASTHMA ALERT

The Hillingdon Hospitals **NHS**
NHS Foundation Trust

A message from Hillingdon Children's Asthma Team:

During this difficult time facing Covid-19, it is important to ensure your child's asthma remains well controlled and that you know when you should seek medical help.

- ◆ If your child has asthma and uses a preventer inhaler (**Beige / Brown / Orange / Red / Purple / Pink**) please make sure they are using this twice a day EVERY DAY as prescribed, even when well. REMEMBER ALWAYS USE WITH A SPACER.



- ◆ If your child needs their reliever inhaler (**Blue**) more than twice a week, for more than two weeks, please book a medical review with your GP / asthma nurse.
- ◆ If your child needs 10 puffs of their reliever inhaler (**Blue**) and are no better or are wheezing again within 4 hours, **GIVE ONE FURTHER SET OF 10 PUFFS** and seek urgent medical review at your nearest A & E.
- ◆ **Please do not delay seeking medical attention when needed.**



#NHSMillion

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