



# Safeguarding

March 2018

## Let's talk PANTS!

Talking PANTS teaches children important messages, like their body belongs to them and they should tell an adult if they are upset or worried.



## PANTS rule guide for children

**Not sure how to  
talk to your child  
about PANTS?**

This link to [THE PANTS  
RULE](#) on the NSPCC  
website will provide you  
with some helpful  
information and  
resources. Please talk  
about the PANTS rule  
at home with your  
children.



# E-Safety



The internet is a brilliant place to learn and explore,  
just remember to always be **SMART!**



## IS FOR SAFE

Never give out personal information to strangers on the internet. Personal information includes things like your home address and your birthday.



## IS FOR MEET

Never ever meet up with a stranger you have met online unless a parent or guardian has said it is ok and is present. Never, never, never, never, never.



## IS FOR ACCEPTING

Don't open emails from people you don't know, they could contain viruses. If you get a strange email from a friend and you think they might have a virus make sure you let them know!



## IS FOR RELIABLE

Don't believe everything you read online, check your facts! Did you read it on a reliable website like the BBC? Are other websites saying the same thing? Does it tell you where they got the information from?



## IS FOR TELL

If you have an online safety problem, make sure you tell someone. Tell a parent, guardian, or teacher as soon you can.

**purple  
mash**

**You Tube**  
**KIDS**

Instead of allowing children to access YouTube, why not download the YouTube Kids App? Safer and Simpler for children to use. A variety of Parental Controls so that you can tailor what your child can view. Available for free from Google Play or the App Store.

### Know your age ratings!

Ensure that your children only play games that are suitable for their age range. For more information about Game age ratings visit <http://www.askaboutgames.com/pegi-rating/>

